



Our FatherMother

who art in us, around us, in all that is

Your presence is holy to us.
The sound of your reverberating light
resonates in our hearts.

May we feel your wisdom intuitively within us.

May we recognize your loving will as our own.

Grateful for your nourishing gifts,
may we consciously receive and utilize them.

By the grace of your unconditional love,
may we forgive ourselves for the lack of insight
and let go of the entanglements with others.

Guide us through our confusions
that we may find ourselves again.

You are the love that lives inside us.

The light that shines within us.

In union with you,
we experience heaven within ourselves
and are empowered to act -
today, tomorrow & eternally.

In true love and friendship with you.

AMIN

*Translated with love from the Aramaic into our times
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